



**The Shawnee Signal**  
**Chapter 1162 Shawnee Mission Kansas**  
**National Active and Retired Federal Employees Association**

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www.narfe-chapter1162.org

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**In Memoriam**

Donnell Hait  
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**Welcome to our  
Newest Chapter  
Members!**

Lynn Bruner  
Jack Reed

**Louise Lloyd, President**

It's hard to believe that by the time you receive this newsletter, we will be almost half way thru this year and my term as President. I have been trying to work with our NARFE board members to brainstorm ideas on how we can better serve you. We constantly strive for ideas on what kind of programs, or issues will appeal to all of you. So if you have any suggestions, please feel free to contact me or any of the officers or committee chairmen.

We have also tried to implement several membership incentives to encourage attendance at our chapter meetings, as well as emphasizing the recruitment of new NARFE members. And another important aspect that we also try to stress is the retention of our existing members. We realize how important it is to have each of you as members of NARFE. NARFE's effectiveness in dealing with our congressional delegations, both state and federal, is very much linked to the number of members. The larger our organization, the greater the influence we can have. So when you get the reminders to renew your membership, which may be electronic notifications for many of you of who have provided NARFE HQ with your e-mail addresses, remember how important each of you are to helping NARFE be more viable. And for those of you who are retired, and have not converted to "dues withholding" I encourage you to pursue this option. It will eliminate the need for remembering to pay your annual dues, and in addition to that, it will save you money. It's an effortless way to keep your membership ongoing, with just a small amount deducted from your monthly annuity check.

Another item that I want to mention is the importance of keeping your membership information on file with NARFE HQ current, which includes making sure the phone number is current. In this day and age, we recognize that many individuals may have switched to only have cell phones, and eliminated their traditional land lines. So if you have made a change from the phone number you had provided to NARFE, I really encourage you to check and make sure your NARFE contact information is current. It only takes a minute to change this information online. And as always, I continue to encourage all of you who have e-mail to provide your e-mail to NARFE as well, so that you can receive the weekly GEMS messages. With all the critical issues and threats now to our retirement benefits, it's extremely critical that you be aware of the alerts sent out by NARFE.

To conclude my article, I want to encourage all of you to join us for our annual Potluck luncheon/meeting on Tuesday June 28th. We will be celebrating NARFE's 90th Anniversary, and would love to see you there. No volunteers stepped forward to provide entertainment, so we will conclude the festivities with some bingo. I also want to encourage as many of you as possible to attend our special Saturday, August 20th meeting. We wanted to provide an opportunity for those who may still be working a chance to attend a meeting. It will be at the Holiday Inn at 87th and Reeder, which will be the site for the state convention that we will host in April 2013. See Louis Bornman's article for more information about the program. There will be a buffet breakfast, and RSVPs are required, see additional information under the calendar of activities below. It is very important that we have a large number of people at this event in order to demonstrate to Congressman Yoder's office that we represent a lot of votes and that we are concerned about our benefits being threatened.

**Future Meeting Dates/Activities:**

**June 28th Potluck luncheon/meeting and Bingo.** Luncheon to begin at **Noon**. Theme: Celebrating NARFE's 90th Anniversary. Anniversary cake will be provided, we ask those who will attend to bring other menu items to share.

**July 13th - Social Luncheon at Hometown Buffet, 73rd & Quivira at 1:00 p.m.** RSVP Agnes Shellhammer, 913-432-0091.

**Note:** No regular monthly chapter meeting during the month of July.

**August 5th – Executive Board meeting, 9:30 a.m.** at Denny's Restaurant, 95th and I-35 Exit, Lenexa.

**August 10th - Social Luncheon at Hometown Buffet, 73rd & Quivira , 1:00 p.m.** RSVP Agnes Shellhammer, 913-432-0091

**August 20th - Saturday Breakfast meeting, 9:00 a.m.,** Holiday Inn, 87th and Reeder, Overland Park, Ks.

**Program: Ethan Patterson, Congressman Yoder's District Office.** Breakfast buffet, \$10, includes tax and gratuity. Buffet includes: Freshly scrambled eggs, smokehouse bacon, sausage, fresh seasonal fruit, breakfast potatoes, juice, coffee, milk and muffins, bagels and pastries. **Must RSVP with payment of \$10, by Friday August 12th,** to Treasurer Mary Haswell: 2308 N. 114th Street, Kansas City, Kansas 66109.

**August 29th – 31st,** College of NARFE Knowledge, (CONK) – South Sioux City, Nebraska – Theme: Legislative.

**Note:** Next newsletter to be issued in late July.

**Eddie Acosta, 1st Vice President, Alzheimer's**

In the last newsletter I listed the foods to stay away from for good physical and mental health. If you are used to eating or drinking them pretty regularly you may want to reduce their use—instead of frequent use you may want to reduce its use to once a week, then once every two weeks, then once every three weeks and on and on. The important thing is to keep yourself in the best possible condition so that you give yourself a good chance to stay well or if you do get sick to recover quicker. These foods include processed meats or cheese, anything made with white flour, tobacco use, white rice, sugar and, this is inconclusive as far as some doctors have been able to discover, beer.

Please don't forget that we collect Best Choice UPC codes and direct or memorial contributions. They may be sent to 5216 Bond, Shawnee 66203. 100% of what we collect goes to the Alzheimer's Association. As of the end of April, 2011 our Chapter has contributed \$151.48. This does not include the amount raised in the Auction at the State Federation Convention. NARFE nationally has given \$9,136,542 as of March 31, 2011 and has set a goal of raising \$10 million by 2012 for the Alzheimer's Association."

**From Louis Bornman, 2nd Vice President & Legislative Chair**

If you have been to the Protect America's Heartbeat or the National NARFE website you have/can listen to the radio advertisement I made in support of the campaign. It is playing in Washington, D.C. and Chicago. There are also a few other ads on those sites as well. I have requested other chapters in the 3rd District to see if they can join with us financially to run the ad locally. This would be a great opportunity to spread some influence and get people talking and maybe even recruit some new members. On 1 June, I invited Congressman Kevin Yoder to speak at our 20 August meeting. Unfortunately he and his wife will not be in town that weekend, but Mr. Ethan Patterson of Congressman Yoder's district office will be attending. I have asked that he be able to talk about Congressman Yoder's position on Federal Employee Pay and Benefits and participate in about a 30 minute question and answer session. If he would like any questions in advance to prepare for I will send some to him. If you have any specific questions you would like to ask, please send them to me via email at: [BornmanL@aol.com](mailto:BornmanL@aol.com), or regular mail – 12309 W 74th Terrace, Shawnee, KS 66216, or call me and leave a message at 913-268-8526. See you on the 20th.

**Contact Information:**

**Senator Jerry Moran** – [jerry\\_moran@moran.senate.gov](mailto:jerry_moran@moran.senate.gov); Olathe, KS office telephone 913-393-0711. D.C. Office: 202-224-6521

**Senator Pat Roberts** – [pat\\_roberts@roberts.senate.gov](mailto:pat_roberts@roberts.senate.gov); Overland Park Office: 913-451-9343. D.C. Office: 202-224-4774.

**Congressman Kevin Yoder** – Kansas City, KS telephone:

913-621-0832, Washington D.C. telephone: 202-225-2865

[www.yoder.house.gov](http://www.yoder.house.gov). (Visit website to sign up for his newsletter

**Elizabeth Bornman, Service Officer**

When a member dies, the spouse is entitled to continue membership in our chapter. The spouse upon death of the member needs to contact national headquarters to request the continuation/transfer of the membership. Don't wait until the current membership expires to tell the chapter about the death of the member. It's important to continue membership in NARFE to protect your benefits and your entitlements. We keep you up to date on the latest legislation effecting those entitlements. Remember also that the Service Officer is your Human Resource Department. We are there to help the family in getting the benefits upon your death and coordinating with OPM. Remember to also obtain about ten original copies of the death certificate. Everyone seems to want an original copy. It's quick if you get the copies the first time.

The Legislative Hotline is available to telephone callers (703)-838-7780 and toll free at 1-877-217-8234, posted on the internet at [www.narfe.org](http://www.narfe.org), made available to NARFE-Net Coordinators, and sent to over 54,000 GEMS e-mail addresses.

**Sunshine Committee** –Be sure to contact Don Faidley if you know of any members who may be sick or in the hospital - 913-671-7368 or email: [Djfaidley@aol.com](mailto:Djfaidley@aol.com)

**Your June Shawnee Signal**

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